THE GULF ISLANDS Nanaimo Arbutus trees grow out of rocky MAP P. 7 cliffs hanging over sandy coves. Winding roads meander through sun-dappled forests before Ladysmith stopping at galleries, cafés, and wineries. Many Gulf Islands are an easy day trip from Vancouver Thetis Island, but you'll Island no doubt want to stay longer. VANCOUVER ISLAND Salt Spring HERD RD Island Pender COWICHAN VALLEY HWY Island Duncan **VANCOUVER** ISLAND 24 Sidney Mill & the Gulf Islands Bay THE COWICHAN VALLEY This acclaimed food, farm, and wine destination is less than an hour's drive from Victoria. The wine owes much to the BC government's Duncan Project of the early 1980s, an [17] experiment that tested over 60 grape Victoria varietals to see which would thrive here. Several varieties did, producing unique wines of distinct character. Shirley Sooke 8 | EDIBLE VANCOUVER & WINE COUNTRY BC WINE TOURING 2018